

**Train-the-Trainer Program**  
**Ergonomic and Safety Hazard Prevention in Green Energy Power Generation**

**PRELIMINARY AGENDA**

**DAY 1**

Welcome & Introductions (Continental Breakfast)	7:20 – 7:45 am
<i>Pre-test</i>	7:45 – 8:00 am
Introduction and Overview	8:00 – 8:30 am
<b><i>Instructor's Manual</i></b>	
Overexertion	8:30- 9:45 am
<i>Break</i>	9:45– 9:55 am
Overexertion	9:55 – 11:10 am
<i>Break</i>	11:10 – 11:20am
Slips/Trips/Falls	11:20 – 12:20 pm

**Lunch** 12:20 – 1:00 pm

Slips/Trips/Falls ( <i>continued</i> )	1:00 – 2:00 pm
<i>Break</i>	2:00 – 2:10 pm
Struck/Caught	2:10 – 3:10 pm
<i>Break</i>	3:10 – 3:20 pm
Noise	3:20 – 3:40 pm
Electric Shock & Electrocution	3:40 -4:00 pm
Arc Flash Awareness	4:00 – 4:30 pm
Employees Rights & Responsibilities	4:30 – 4:50 pm
<i>Post-test</i>	4:50– 5:05 pm
Q&A	5:05 – 5:30 pm

**DAY 2**

Continental Breakfast	7:30 – 7:45 am
Break-out Session: Presentation Preparation	7:45 – 8:30 am
Practice Presentations	8:30 – 9:30 am
<i>Break</i>	9:30 – 9:40 am
Practice Presentations ( <i>continued</i> )	9:40 – 10:40 am
<i>Break</i>	10:40 – 10:50 am
Successful Training and Presentation Techniques	10:50 – 11:40 am
OSHA State Plans	11:40 – 12:00 pm
<b>Lunch</b>	12:00 – 12:45 pm
Training Assistance Review	12:45 – 1:15 pm
Trainer's Responsibilities	1:15 – 1:50 pm
Q&A	1:50 – 2:00pm